## May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	spring practice 2 starts Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	6	7
8	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	13	14			
15	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	20	21			
22	spring practice Varsity 4-5:30  JV 3-4 Weights 4-5:30 practice	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	spring practice Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	spring practice Ends Varsity 4-5:30 JV 3-4 Weights 4-5:30 practice	27	28
29	30	31				

## June 2022

\*\*\*Thursday nights during summer football may be subject to change we my participate in 7on7 either vs another team or Harrison Stadium in Oroville.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	Summer Football Begins Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	10	11
12	Start Fundraiser 13 Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	14 Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	17	18
19	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	21 Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	24	25
26	27 Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Summer Football Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights		

## July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Summer Football Ends Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	2
3	Dead Period Begins Weights & Conditioning only Varsity & Jv 3:30-5:30	Dead Period Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period Weights & Conditioning Varsity & Jv 3:30-5:30	8	9
10	Dead Period 11 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 12 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 13 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 14 Weights & Conditioning Varsity & Jv 3:30-5:30	15	16
17	Dead Period 18 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 19 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 20 Weights & Conditioning Varsity & Jv 3:30-5:30	Dead Period 21 Weights & Conditioning Varsity & Jv 3:30-5:30	22	23
24	First Day of Fall 25 Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30	Fall Practice 26 Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice 27 Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice 28 Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice 29 Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	30
31	Weights					

## August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	6
7	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	Fall Practice Varsity 3-4 Weights 4-6:30 Field Jv 3-5:30 Field 5:30-6:30 Weights	School Begins 1 O  Practice after School Varsity & Jv 4-6:30	Practice after School Varsity & Jv 4-6:30	Practice after School Varsity & Jv 4-6:30	Scrimmage vs Marysville V 9am Jv 11am
14	Practice after School Varsity & Jv 4-6:30	Practice after School Varsity & Jv 4-6:30	Practice after School Varsity & Jv 4-6:30	Practice after School Varsity & Jv 4-6:30	First Game Home Sheldon	20
21	22	23	24	25	26	27
28	29	30	31			