

**Positivity *Respect *Integrity *Determination *Excellence*



February 21, 2024

Campus Activities

All students interested in joining the Falcon Leadership team, applications are available in room 402 and 403. If you would like to be involved in planning school events such as rallies, dances, community service events, and spirit weeks then leadership is for you! See Mrs. Simmons or Mrs. Kennington for details. Applications are due March 4th.

The month of February is Teen Violence Awareness Month. Live On and Classified Fitness are hosting a self-defense class on Saturday, February 24th at 10:30am. It is completely free to the public. If interested, there are flyers available in the girl's locker room, career center and the counseling office with more information.

River Valley Grad Night is accepting donations March 1, 2024, from 6pm-8pm. These donations will be used for a rummage sale on March 3, 2024, to raise funds for Grad Night.

Clubs

Attention Clubs: Cultural Day is next Friday, March 1st. We will be holding an informational meeting on Thursday, Feb 22 at lunch in room 402. Sign-ups are on the Club Google Classroom.

Attention all aggies, tomorrow, Thursday 2/22, is Country vs. Country club. Be sure to wear either country attire, or country club chic. Join us at lunch in the quad for hay bucking!

Making All Students College and Career Ready



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2/21/2024

Boys Tennis at Live Oak – Varsity 3:30pm

2/22/2024

Boys Wrestling at State/Regional – 9am

2/23/2024

COED Track and Field at Yuba City Tournament – TBA

Boys Wrestling at State/Regional – 9am

Boys Tennis vs Pioneer - Varsity 3:30pm

2/24/2024

Boys Wrestling at State/Regional – 9am

Softball at Laguna Creek – Laguna Creek Scrimmage – JV 11am, Varsity 3:30pm

Softball at Davis Sr – Laguna Creek Scrimmage – JV 9:30am

Softball at Delta Charter – Laguna Creek Scrimmage Varsity 2pm

A note from the RV Health Office:

With the warmer weather and frequent rainy days, we are seeing an increase in students with symptoms of an illness. If you are not feeling well or have any of the following symptoms, you will need to stay home until the symptoms resolve and you no longer need medication to feel better. Staying home when you are ill, will help stop the spread of illness to others.

Symptoms of an illness include:

- Fever or chills
- Cough
- Congestion
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Runny nose
- Headache
- Sore Throat
- Nausea/vomiting
- Diarrhea

DO NOT COME TO SCHOOL IF YOU ARE SICK, STAY HOME, REST, RETURN WHEN YOUR SYMPTOMS HAVE BEEN RESOLVED.

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**RVHS
Grad Nite
Rummage
Sale**

March 3, 2024
7:00 am - 4:00 pm
River Valley High School
801 El Margarita
Yuba City

DONATIONS NEEDED!
Please consider contributing items that are in good, clean, and working condition. Donations will be accepted on March 1, 2024, from 6pm to 8pm at River Valley High School's parking lot near the football field.

RVHS
Grad Nite
RVHS GRAD NITE

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