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February 22, 2024

## Campus Activities

All students interested in joining the Falcon Leadership team, applications are available in room 402 and 403. If you would like to be involved in planning school events such as rallies, dances, community service events, and spirit weeks then leadership is for you! See Mrs. Simmons or Mrs. Kennington for details. Applications are due March 4<sup>th</sup>.

The month of February is Teen Violence Awareness Month. Live On and Classified Fitness are hosting a self-defense class on Saturday, February 24<sup>th</sup> at 10:30am. It is completely free to the public. If interested, there are flyers available in the girl's locker room, career center and the counseling office with more information.

River Valley Grad Night is accepting donations March 1, 2024, from 6pm-8pm. These donations will be used for a rummage sale on March 3, 2024, to raise funds for Grad Night.

📣 Attention River Valley High School Students! 📣 🐾 Calling all pet lovers! 🐾 Do you have a furry, feathery, or scaly friend that you adore? We want to feature you and your beloved pets in this year's yearbook! Send us your cutest and most memorable photos with your pets to be included in the yearbook. Whether you're cuddling with your cat, walking your dog, or showing off your aquarium buddies, we want to see them all! Submission Deadline: February 29th, 2024. Don't miss out on the chance to showcase your special bond with your pets in the yearbook. Send your photos to [nanglin@ycusd.org](mailto:nanglin@ycusd.org) or drop them off at Room 405.

Are you interested in earning scholarship money while also improving your public speaking, interview, and interpersonal skills? If so, come to Ms. Newman's class at lunch on Friday, February 23 for an informational meeting.

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## Clubs

Attention Clubs: Cultural Day is next Friday, March 1st. We will be holding an informational meeting on Thursday, Feb 22 at lunch in room 402. Sign-ups are on the Club Google Classroom.

## Athletics

Congratulations to Talia Katzenberger and Kolin De La Fuente on qualifying for the STATE wrestling tournament this weekend in Bakersfield!

### 2/21/2024

Boys Tennis at Live Oak – Varsity 3:30pm

### 2/22/2024

Boys Wrestling at State/Regional – 9am

### 2/23/2024

COED Track and Field at Yuba City Tournament – TBA

Boys Wrestling at State/Regional – 9am

Boys Tennis vs Pioneer - Varsity 3:30pm

### 2/24/2024

Boys Wrestling at State/Regional – 9am

Softball at Laguna Creek – Laguna Creek Scrimmage – JV 9:30am, Varsity 12:30pm

Softball at Liberty Ranch – Laguna Creek Scrimmage – JV 12:30pm

Softball at Liberty Ranch – Laguna Creek Scrimmage Varsity 2pm

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**A note from the RV Health Office:**

With the warmer weather and frequent rainy days, we are seeing an increase in students with symptoms of an illness. If you are not feeling well or have any of the following symptoms, you will need to stay home until the symptoms resolve and you no longer need medication to feel better. Staying home when you are ill will help stop the spread of illness to others.

**Symptoms of an illness include:**

- Fever or chills
- Cough
- Congestion
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Runny nose
- Headache
- Sore Throat
- Nausea/vomiting
- Diarrhea

**DO NOT COME TO SCHOOL IF YOU ARE SICK, STAY HOME, REST, RETURN WHEN YOUR SYMPTOMS HAVE BEEN RESOLVED.**

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**RVHS  
Grad Nite  
Rummage  
Sale**

**March 3, 2024**  
**7:00 am - 4:00 pm**  
**River Valley High School**  
**801 El Margarita**  
**Yuba City**

**DONATIONS NEEDED!**  
Please consider contributing items that are in good, clean, and working condition. Donations will be accepted on March 1, 2024, from 6pm to 8pm at River Valley High School's parking lot near the football field.

**RV**  
Grad Nite  
RVHS GRAD NITE  
RIVER VALLEY FALCONS

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